

## Nursery School Progression Map: Fine Motor Skills

Emerging	Developing	Extended
<ul style="list-style-type: none"> <li>• Uses one hand consistently in most activities</li> <li>• Uses non-dominant hand to help assist and stabilise objects.</li> </ul>	<ul style="list-style-type: none"> <li>• Handedness is well established</li> </ul>	<ul style="list-style-type: none"> <li>• Uses a 3 fingered grasp of pencil and uses fingers to generate movement</li> </ul>
<ul style="list-style-type: none"> <li>• Holds peg with multiple fingers and thumb</li> <li>• Peg pegs onto the edge of a box/teddy/t-shirt</li> </ul>	<ul style="list-style-type: none"> <li>• Pegs flash cards onto the edge of a box.</li> <li>• Pegs dolls' clothes or small clothes onto a washing line.</li> </ul>	<ul style="list-style-type: none"> <li>• Holds peg between finger and thumb</li> </ul>
<ul style="list-style-type: none"> <li>• Holds tongs with one hand</li> <li>• Picks up cotton wool balls with tongs.</li> </ul>	<ul style="list-style-type: none"> <li>• Holds tweezers between fingers and thumb and picks up small bricks and similar sized objects.</li> </ul>	<ul style="list-style-type: none"> <li>• Can pick up small items such as raisins with 3 pronged tweezers.</li> <li>• Can post items into bottles using tweezers.</li> </ul>
<ul style="list-style-type: none"> <li>• Posts coins into a money box</li> <li>• Posts pasta/buttons/peas into a bottle</li> <li>• Screws lid on a bottle</li> </ul>	<ul style="list-style-type: none"> <li>• Picks up 2 large coins, one at a time and keep them in the palm of your hand.</li> <li>• Posts smaller coins</li> </ul>	<ul style="list-style-type: none"> <li>• Picks up 5 large coins one at a time, keeping them in their palm and posting into a box.</li> <li>• Can post coins with both hands.</li> </ul>
<ul style="list-style-type: none"> <li>• Pieces Duplo together</li> </ul>	<ul style="list-style-type: none"> <li>• Can build a tower of 10 lego bricks and pull apart one at a time.</li> </ul>	<ul style="list-style-type: none"> <li>• Can build tall towers using small blocks</li> </ul>
<ul style="list-style-type: none"> <li>• Tears tissue paper</li> <li>• Screws up paper</li> </ul>	<ul style="list-style-type: none"> <li>• Can screw up paper tightly</li> </ul>	<ul style="list-style-type: none"> <li>• Can screw up small pieces of paper between finger and thumb</li> </ul>
<ul style="list-style-type: none"> <li>• Threads large beads onto sticks/dowling</li> </ul>	<ul style="list-style-type: none"> <li>• Thread 'holey' cereal / sweets onto pipe cleaners / straws.</li> <li>• Thread medium beads / pasta pieces onto a sturdy tipped lace.</li> <li>• Try lacing cards / boards</li> </ul>	<ul style="list-style-type: none"> <li>• Threads small beads and / or small pasta pieces onto a lace/wire.</li> <li>• Cuts up straws and threads these onto a lace.</li> </ul>
<ul style="list-style-type: none"> <li>• Can complete an inset puzzle</li> <li>• Can complete puzzles with chunky interlocking pieces.</li> </ul>	<ul style="list-style-type: none"> <li>• Can piece together up to 12 interlocking pieces.</li> </ul>	<ul style="list-style-type: none"> <li>• Can piece together puzzles with medium/small pieces.</li> </ul>
<ul style="list-style-type: none"> <li>• Can squeeze bottles and bath toys to make bubbles.</li> </ul>	<ul style="list-style-type: none"> <li>• Squeezes a plastic bottle with one hand only to make bubbles in water.</li> <li>• Uses a spray bottle to spray water</li> </ul>	<ul style="list-style-type: none"> <li>• Uses a spray bottle to aim at a target</li> </ul>
<ul style="list-style-type: none"> <li>• Imitates circular, vertical, and horizontal strokes</li> <li>• Copies a circle</li> </ul>	<ul style="list-style-type: none"> <li>• Copies a cross/square</li> <li>• Copies triangle</li> <li>• Writes name</li> <li>• Writes numbers 1-5</li> <li>• Copies letters</li> </ul>	<ul style="list-style-type: none"> <li>• Colours within lines</li> <li>• Forms letters correctly</li> <li>• Can sit letters on a line</li> </ul>
<ul style="list-style-type: none"> <li>• Puts on own coat</li> </ul>	<ul style="list-style-type: none"> <li>• Can fasten a zip and poppers.</li> <li>• Can dress and undress with support</li> <li>• Can dress and undress independently</li> </ul>	<ul style="list-style-type: none"> <li>• Fastens buttons</li> <li>• Ties a knot</li> </ul>

Cutting skills small steps based on <https://www.growinghandsonkids.com/scissor-skill-development-checklist-for-ages-2-6.html>