



# PHYSICAL EDUCATION POLICY 2022/23

At Dane Ghyll School we believe PE is of paramount importance because:  
Physical endeavour can be pleasurable and provides challenges and fulfilment throughout life.  
The habit of good exercise contributes to a healthier, fitter life-style.

## Aims

By promoting all aspects of PE, we aim to provide pupils with:

The opportunity to be physically active and in so doing, find a lasting sense of purpose, achievement and fulfilment.

The opportunity to discover and pursue their interests and talents, and strive to realise their full potential.

The opportunity to develop positive attitude towards physical activities including perseverance, fair-play, acceptable behaviour and the ability to cope with success and failure.

The opportunity to develop and explore a variety of physical skills with increasing control and coordination, and to evaluate their own performances.

The opportunity to develop their enjoyment of physical activities through creativity and imagination.

An understanding of the need for safe practice and how to achieve this.

A wide range of extra-curricular activities and encouragement to join sports clubs outside the school environment.

## Our Curriculum Provision

Our school ethos and wide curriculum reflect the importance we place on PE:

All children participate in a minimum of two hours of PE weekly.

PE lessons are planned to meet the needs of the National Curriculum from the Foundation Stage to Year 6.

As required in KS1, dance, gymnastics and games are taught throughout the three year groups.

In KS2, children begin swimming lessons in the Spring Term of Year 3 and continue until the Summer Term of Year 6.

Water Safety is taught from Year 3 onwards.

Dance and gymnastics are taught in rotation throughout KS2.

A variety of games are provided throughout the school year in KS2.

Children have the opportunity to participate in Outdoor and Adventurous Activities from Years 3 to 6.

Primarily, the class teachers, PE specialists and swimming coach are responsible for the teaching of PE, however we do use other coaches and professionals when opportunities arise.

We join local and national initiatives whenever possible eg, The 100 Mile Challenge.

We use a variety of teaching and learning styles, enabling the children to work individually, in groups, teams or with the whole class.

Children have opportunities to collaborate or compete using a wide range of resources.

## Equality of Opportunity

We provide PE opportunities to all our children regardless of gender, race, ability, disability or inability to find funding (as is the case with some extra-curricular activities). We are made aware from the Reception Teacher of any children with special needs and these are accommodated throughout their time at Dane Ghyll. We also closely monitor Gifted and Talented children and encourage them to pursue their interests within and outside the school environment.

## Planning, Assessment, Progression and Evaluation

Our long term curriculum map offers an overview of topics for each curriculum area from Foundation Stage to Year 6, and is based on the National Curriculum programmes of study and our own scheme of work.

We are currently implementing a new P.E Assessment Tracking system which will run from Foundation Stage through to Year 6.

This will enable each member of staff to monitor each child's development throughout their time at Dane Ghyll.

Generally PE is planned within year groups — Games lessons being planned for lower and upper KS2.

The PE coordinator monitors termly plans. Progression across year groups and resource needs are then identified.

Any issues requiring further development may be placed in the School Development Plan.

Lessons and performances are continually evaluated by staff, and ongoing teacher assessments are made to assist future planning and report back to parents.

Our annual Sports Day and Intra-School competitions are primarily planned by the PE Coordinator and the Deputy Head Teacher, but all staff assist in the running of these events and are involved in post-task evaluation.

The school governors are also involved in the monitoring of PE activities and are made fully aware of any developments.

A school portfolio of PE activities is available and there is a permanent photograph display in the hall.

## Facilities and Resources

## Health and Safety

All aspects of safety in PE are contained in the book "Safe Practice in Physical Education" which is available in the School Office. The school rigidly follows all Health and Safety Procedures for PE, Swimming and Outdoor and Adventurous activities as set out in the LEA guidelines. All residential trips have risk assessments which are constantly monitored and updated, and are verified by the LEA. We have our own procedures and expectations which all children are taught in reception and these are reinforced in every year group. The School Prospectus and year booklets inform parents of relevant health and safety information. Any developments/initiatives in health and safety are brought to the attention of the PE coordinator during cluster meetings. General rules/expectations for health and safety at Dane Ghyll:

In Reception, children are taught how to carry and store PE equipment safely.

All children wear Dane Ghyll PE kits for all aspects of PE with the exception of swimming, football, rugby and outdoor and adventurous activities.

Warm clothing used for games in colder weather (KS2).

Gum shields to be worn for rugby with helmets being worn in competitive games.

Bare feet in hall for gym and some dance activities (feet must be covered if the child has any skin condition).

Plimsolls worn by KS1 in summer Term.

Trainers worn in KS2.

Boots and shin-pads to be worn for football and rugby (strictly no blades).

The wearing of jewellery is prohibited without exception.

PE equipment is checked regularly by professional maintenance staff.

All apparatus checked carefully prior to children's use.

Children closely supervised in all aspects of PE.

Unsafe objects are removed from hall, playground or field - if this proves difficult, then these areas are coned -off.

## Whole School Events

Dance forms part of our annual production in years 2 and 6.

An annual dance residency takes place for all children and often leads to class or whole-school productions.

Sports Day - every child in the school competes in a minimum of two events.

Healthy Week - whole school involved in healthy eating promotion, road-safety procedures, keeping fit, walking to school and circus activity days.

The PTA hold an annual sponsored walk for all children.

The whole school completed the 'Race for Life' event on the school field, raising lots of money for various charities.

KS1 hold their own dance show, performing the dances they have learned in their P.E lesson for their parents and families.

Year 3 perform at the U Dance show at the Forum 28. Year 5 take part in a dance show at UVHS.

Year 3 to 6 take part in outdoor adventure days. Year 3: Orienteering and Problem Solving at Great Tower, Bowness. Year 4: Raft Building in Bowness. Year 5 take part in a residential trip in Kepplewray and Year 6 complete a 5 mile walk and Gauge Scrambling in Coniston.

## Partnerships

We are a member of the South Cumbria Schools Partnership. The PE Coordinator acts as the Primary Link Teacher (PLT) and liaises very closely with the SGO from Furness Academy. As part of her role as PLT, the coordinator attends termly meetings on a one-to-one basis, within the Furness Cluster, and Partnership events. We work very closely with Furness Academy and Cluster events are organized for all school years where the children have Fun-Days or compete with or against children from four other local primary schools. We have links with the following sporting organisations either utilising their coaches' expertise and facilities or encouraging children to attend these clubs:

Barrow AFC, Furness Rovers FC, Holker Old Boys FC, Barrow Raiders RLFC, Barrow/Furness/Lindal Cricket Clubs, Stefan Jones LTA Coach, Barrow Table-Tennis Centre, Deemon Dance Studio, Hoops Basketball Centre, Furness Striders Athletic Club, Ulverston Hockey Club, U Dance, Ulverston Victoria High School Performance Centre and YoKids.

~~We are grateful for contributions made by parents and secondary school pupils to our extra-curricular activities.~~

We offer a wide range of extra-curricular activities which are provided by the PE Coordinator, other staff members, parents, outside coaches and secondary school pupils. These vary from season to season but include:

Multi-Skills (two clubs).

Rugby.

Football (boys and girls).

Yoga.

Netball.

Athletics/Cross-Country.

Rounders.

Cricket.

Orienteering.

Basketball.

~~Table Tennis.~~

Tennis.

~~Mrs Victoria Smithson - PE Coordinator~~

Gymnastics.

Hockey.

Jiu Jitsu.

Tri Golf

We have school teams representing most of the above sports and enter all local competitions.

Policy developed December 2017

Approved by governors \_\_\_\_\_ 2017

To be reviewed annually