

HOW

**ACTION FOR CHILDREN**

**WORKS**

**Furness  
Sure Start  
Children's Centres**  
(Barrow Early Help)

# Barrow Early Help Offer



## Families

To Safeguard Children and ensure that Cumbria is a great place to be a child and grow up

### Services

#### Safeguarding Children, Supporting Parenting

- Early Help – 1:1 & Group Work
- Resilience Groups
- 1:1 Intensive Support
- Focus Families
- Parent Protects
- Triple P
- Incredible Years
- Helping Hands
- Recovery Toolkit

#### Short Breaks for Children with Disabilities

- Short Breaks for Children with Additional Needs – 'Play Max & All of Us'



## Health & Well-Being

To promote Health & Well-Being and tackle poverty

### Services

#### Healthy & Resilient Communities

- Ante Natal Courses – 'Great Expectations'
- Post Natal Courses – 'Baby Days, PNI Group, FAB'
- Breastfeeding Support
- Healthy Eating – 'Cook & Eat'
- HENRY
- Oral Health – 'Smile for Life'
- Digital Badges

#### Reducing the Impact of Poverty

- Tesco Fare Share
- Holiday Kitchen
- Food Vouchers
- Winter Warmth



## Readiness to Learn and Gain Employment

To promote sustainable economic growth and create jobs

### Services

#### Building Aspiration & Employability

- Parents with Prospects & Young Parents to Be
- Positive U
- Barclays Best Foot Forward
- Volunteering Programme

#### Early Learning & School Readiness

- Open Access 0-2 – 'Baby Time, Inbetweenies, Stay & Play'
- Open Access School Readiness – 'Little Learners, Toddler Time, Tea & Toast'
- Targeted School Readiness – 'Mini Movers, Jump Start, Fun with Numbers, Early Language Programme, Book Start'
- Readiness to Learn 2-4 – '2 Year Old Visits'



## Community Resilience

To enable communities to live safely and shape services locally

### Services

#### Engaged & Resilient Communities

- Community Engagement Events
- Parent Forum
- Advisory Board
- Parent Championships
- Apprenticeships
- Training via Partner Link
- Engagement – New Birth Visits